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Please check the District Website, Food Services Tab to learn more.

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Reading School District High School Lunch Menu January 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Entrees of the week Monday - Mickey's Cheese Pizza, Bean & Cheese Burrito, Italian Hoagie, Chef Salad Tuesday - Pepperoni Pizza, Hamburger, Ham & Cheese Sandwich, Crispy Chicken Salad Wednesday - Buffalo Chicken Pizza, Chicken Patty Sandwich, Turkey & Cheese Wrap, Cobb Salad Thursday - Meat Lover's Pizza, Egg, Turkey Bacon & Cheese on Croissant, Taco Salad Friday - 4 Cheese Pizza, Grilled Chicken Sandwich, Tuna Salad Sandwich, Grilled Chicken Salad ** Alternate Entree option will be served with fruit and vegetable of the day.**	1-Jan No School	2-Jan No School	3-Jan Beef & Cheese Burrito Black Beans Pineapples Fresh Fruit/Fresh Veggies WG Churro	4-Jan Burger Bar: Hamburger w/ or w/o Cheese or Veggie Patty on Bun Smile Fries Baked Beans Pears/Fresh Fruit	5-Jan Chicken Alfredo Pasta w/ Texas Toast Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit
	8-Jan Popcorn Chicken Bowl w/ Cornbread Mashed Potatoes Corn Apples Fresh Fruit	9-Jan Beef Hot Dog w/Toppings on Bun Cole Slaw Waffle Fries Peaches Fresh Fruit	10-Jan Mac & Cheese w/ Breadstick Steamed Peas Fresh Veggie Sticks Diced Peas Fresh Fruit	11-Jan Chicken Tinga over Tortilla Chips Refried Beans Salad Greens w/ Dressing Plantains Fresh Fruit	12-Jan Stromboli w/Sauce Carrot Coins Fresh Veggie Sticks Pineapples Fresh Fruit
	15-Jan No School	16-Jan Nachos Grande w/ Turkey Taco & Queso over Tortilla Chips Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples/Fresh Fruit	17-Jan Lasagna w/ Garlic Knot Steamed Broccoli Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	18-Jan Asian Bowl: General Tso or Teriyaki Chicken w/Stir Fried Rice Oriental Blend Vegetables Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	19-Jan BBQ Rib Sandwich Steamy Corn Salad Greens w/ Dressing Apples Fresh Fruit
	22-Jan Southern Crispy Chicken Drumstick & Wings w/ Biscuit Baked Beans Sweet Potato Fries Peaches Fresh Fruit	23-Jan Chicken or Beef Tamales Cilantro Lime Brown Rice Roasted Black Beans & Corn Tropical Mixed Fruit Fresh Fruit	24-Jan Hot Honey Beef Loaded Totchos w/ Roll Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit WG Cookie	25-Jan Meatball Sub or Dragon's Breath Sub (Jalapeno Chicken Meatballs) Sidewinder Fries Fresh Veggie Sticks Pears/Fresh Fruit	26-Jan Early Dismissal: Breakfast Menu & PB & J Sandwich will be served Carrot Snack Pack Apples Baked Snack Bag
	29-Jan Artisan Chicken Patty Sandwich (Reg. or Spicy) Green Beans Cherry Tomatoes Peaches Fresh Fruit	30-Jan Brunch for Lunch: French Toast Sticks w/ Turkey Sausage Hash Brown Rounds Carrot & Celery Sticks Craisins Fresh Fruit	31-Jan Beef & Cheese Burrito Black Beans Pineapples Fresh Fruit/Fresh Veggies WG Churro		
 Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Grapes Strawberries ** Fruit & Vegetable Provided Depend On Availability	The Red Knight LUNCH Meal Deal * Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal! Choose <u>ONE</u> Entree: Daily Entree Special Alternate Entree Choose up to <u>TWO</u> Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving) Choose up to <u>TWO</u> Veggies: Daily Vegetable Assorted Fresh Veggies				